



## Budget Worksheet–Monthly

<b>Fixed Expenses</b>	<b>Budgeted</b>	<b>Actual Cost</b>
Rent or Mortgage Payment		
Property Taxes		
Insurance (home, auto, health)		
Child Care		
Prescriptions		
Debt Repayment/Loans		
Telephone/Cell phone		
Utilities (gas, electric, water, internet, etc.)		
Car Payment		
Savings for Retirement		
Other		
<b>Total Fixed Expenses</b>		

<b>Flexible Expenses</b>	<b>Budgeted</b>	<b>Actual Cost</b>
Food/Groceries		
Medical (glasses/contacts, over-the-counter medications, etc.)		
Car Maintenance		
Personal Care (Haircuts, etc.)		
Clothing		
Gasoline/Bus/Local Transportation		
Laundry/Dry Cleaning		
Household Supplies/Home Care and Maintenance		
Entertainment/Vacations		
Gifts		
Other		
<b>Total Flexible Expenses</b>		

## Budget Worksheet–Monthly continued

Caregiving/Elder Care Expenses	Budgeted	Actual Cost
<i>These include out-of-pocket expenses the caregiver incurs as part of caregiving responsibilities</i>		
Rent/Housing		
Home Maintenance		
Gas/Travel expenses		
Prescriptions/Medical Bills		
Food		
Utilities		
Clothing		
Household supplies		
Personal services (laundry/dry cleaning, haircuts, etc.)		
Other		
Total Caregiving/Elder Care Expenses		
+ Total Fixed Expenses		
+ Total Flexible Expenses		
= Total Monthly Expenses		

Income	Budgeted	Actual Cost
Salary/Earned Income		
Social Security		
Reimbursed Expenses (for caregiving expenses)		
Investment Income		
Other		
Total Monthly Income		
- Total Monthly Expenses		
Difference (+/-)		